



[www.ggchamber.com](http://www.ggchamber.com)

## What's Going On?

**Glendale Chamber Events are open to all current Glendale Chamber members — be sure to RSVP for all Chamber events at [www.ggchamber.com](http://www.ggchamber.com).**



**Thursday, February 4, 5-7 p.m.: Business After Hours and Open House at ARCpoint Labs.** Learn about all their services, including some exciting new ones. ARCpoint Labs, 469 South Cherry Street #101, Glendale 80246.



**Thursday, February 11, 5:30-7:30 p.m.: Grand Opening and Ribbon Cutting at AFC Urgent Care (formerly Doctors Express).** Join us as we help celebrate the opening for the second AFC Urgent Care location. Tour their beautiful space, meet new people, enjoy appetizers and refreshments. 1295 Colorado Blvd., Denver 80206.

**Thursday, February 5, 5-7 p.m.: Business After Hours at Cherry Creek Athletic Club.** Help celebrate the completed renovation of the lobby, tour the club, enjoy appetizers, refreshments, and special offers for Chamber members! 500 S. Cherry Street, Glendale 80246.



## Welcome New Members!

**Solana Cherry Creek**  
801 S. Cherry St.  
Glendale, CO 80246  
Danielle Bergan  
303-753-0801  
[www.solanacherrycreek.com](http://www.solanacherrycreek.com)  
[solanacherrycreek@greystar.com](mailto:solanacherrycreek@greystar.com)

**Lunchbox A Waxing Salon**  
1000 S. Colorado Blvd., Suite 106  
Glendale, CO 80246  
Amy Scott  
303-757-2702  
[www.lunchboxwax.com/salons/denver](http://www.lunchboxwax.com/salons/denver)  
[denver@lunchboxwax.com](mailto:denver@lunchboxwax.com)

**Boxelder Consulting**  
4340 East Kentucky Ave., Suite 134  
Denver, CO 80246  
Dave Weishauss  
303-317-6111  
[www.boxelderconsulting.com](http://www.boxelderconsulting.com)  
[contact@boxelderconsulting.com](mailto:contact@boxelderconsulting.com)

**Shirley Taylor**  
303-320-4940  
[shirlofco@gmail.com](mailto:shirlofco@gmail.com)

**Betty Kuhl**  
512-426-1122  
[BLKuhlone@gmail.com](mailto:BLKuhlone@gmail.com)

## Glendale Love Guru And Guide At Life Purpose Yoga

"Ohhhmmm," Jayme Margaret hums as she begins her intimate yoga practice in her quaint studio at *Life Purpose Yoga*. With a deep breath in, inhaling the aroma of the candles that line the room, and a long breath out, she "breathes in the joy of life."

Joy and love are what Margaret's practice is all about. She believes love releases and relaxes. In fact, her motto is "Be the love you are."

"Yoga has captured my heart, soul and spirit's desires," Margaret said.

Margaret said she teaches people how to love themselves and their bodies. She has worked with alcoholics, suicidal people, athletes and even the elderly — helping people change their lives for over 30 years. Margaret works with the mind and heart in an asana yoga practice, where the breath guides the journey to inward discovery. Her delivery is unique, professional and artistic.

"Life Purpose Yoga is having faith to commit to re-sculpting yourself, looking at your scared heart and the depth of your soul, to listen to your silence," added Margaret.

She uses textures and other sensory ele-

ments, such as sound and light. As every sense is awakened in her practice, she guides the meditation, painting a full color picture that illustrates a place of release and comfort.

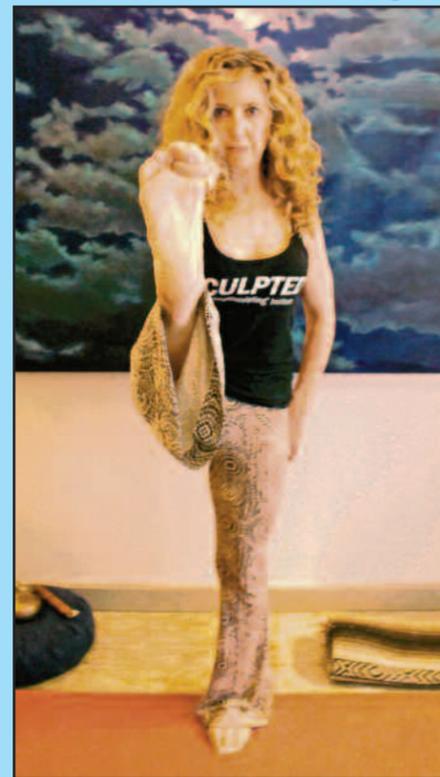
"Time completely dissolved," Jeni Gleason, a client and friend, said. "I feel like I went on a mystical journey inside myself."

Margaret is a certified RYT 500 and therapeutic touch practitioner. Her methods include ayurvedic techniques, reflexology and hands-on healing. Her practices are neuro-sculpting, "... helping people through unease in life," Margaret said.

"I want to help people feel safe to express their emotions," Margaret exclaims.

Margaret moved her practice to Glendale last summer. She said she felt comfort, support and acceptance by the community and recently joined the *Greater Glendale Chamber of Commerce*.

"I was searching for a small, intimate, comfortable space," Margaret said. After she was shown her studio at 4340 E. Kentucky Avenue, she knew that Glendale was the home for her practice. Margaret is excited to be part of the Glendale community. For more information on her practice, visit [www.lifepurposeyoga.com](http://www.lifepurposeyoga.com).



Jayme Margaret

## Sofia Williamson Commercial Real Estate 'Matchmaker' Broker

Sofia Williamson sees her business as a way to help other people grow their business. "I really enjoy helping people reach their goals," she says.

Williamson works with *Dunton Commercial*, located at 2000 S. Colorado Boulevard, Suite 8000, Tower I in Denver. She specializes in retail and industrial investments as well as leasing. "I'm devoted to the best interests of my clients," Williamson explains. "I offer representation to commercial buyers and sellers and through Dunton Commercial I have access to up to the minute market data. That means I can help clients optimize their profit whether they are the tenant, purchaser or owner."

Williamson was born in Mexico and raised in West Denver. She graduated from *Metropolitan State University* and also studied in Guadalajara, Jalisco, Mexico. Williamson says she has a great connection to the community and is very familiar with the growth of the urban area. She also maintains and continues building strong relationships with the Hispanic business community.

With an extensive background in marketing and sales, Williamson explains her experience as a marketing consultant for local radio stations gives her a great knowledge and understanding within the area of advertising and promotions.

The Denver commercial real estate is in a positive growth cycle, according to Williamson. She explains while there is diversity in property types as well as types of investors, 90 percent of the investors have seen immense success. She notes price per square foot has increased and more than doubled in certain areas. "This offers higher return opportunities in a variety of products including retail and industrial. Keeping in mind how the property performs, aligning oneself with competitive financing strategies is important." The future continues to be bright in 2016,



Sofia Williamson



Williamson says. "The benefits of low interest rates in Colorado make this the best time to maximize your dollars in commercial real estate."

She enjoys giving back to the community and has been an active board mem-

ber for the *Community Involvement Committee* for the *9Health Fair* since 2005. She's also a member of the *Denver Metro Commercial Association of Brokers*.

Williamson says the *Greater Glendale Chamber of Commerce* provides many benefits. "You learn about other businesses and connect with people you might not otherwise meet."

For more information you can contact Sofia at [swilliamson@dunton-commercial.com](mailto:swilliamson@dunton-commercial.com).

## Glendale Chamber At Ribbon-Cutting Celebration

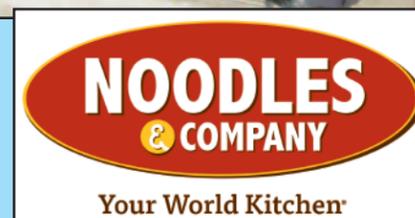
Mayor Dunafon, Mayor Pro-tem Paula Bovo, Chief of Police Joe Haskins, and Chamber COO Jeff Allen are flanked by city officials and Noodles & Company employees at their ribbon cutting on January 15, 2016.



Noodles & Company at 4590 Leetsdale Drive in Glendale, serving classic noodle and pasta dishes from its World Kitchen, is the first to open with brand new design elements introduced to further enhance the guest dining experience.

"We are excited to continue to expand in communities across our home state of Colorado, as well as introduce our guests to a new restaurant design that will be incorporated into this location on Leetsdale Drive," said Erin Murphy, Senior Manager of Communications at Noodles & Company.

The 3,000 square-foot Denver Noodles & Company, which has seating for 76 guests inside the dining room and 34 guests on the outside patio, is the 61st



location to open in the state of Colorado. Regular restaurant hours are 10:30 a.m. to 9 p.m., daily. Local fans are also encouraged to join the *Leetsdale Noodlegram e-club* at [www.noodles.com/eclub](http://www.noodles.com/eclub). Noodlegram members receive news, offers and exclusive information on Grand Openings, VIP Events, seasonal specialties, giveaways and more. For more information on Noodles & Company, visit [www.noodles.com](http://www.noodles.com).



# Scott Brock Launches Custom Executive Security

Scott Brock experienced a lot of adventure serving in the Air Force from 1979 to 1988. Brock says he entered the bar and restaurant industry when he left the military and gained a lot of management experience. And now he's embarking on a new enterprise. He's launching his own company, *Custom Executive Security*.

"But this is my first foray into running my own business," he notes.

The initial focus will be on providing security for Glendale dispensaries, but he hopes to expand his company to include other community businesses.

Like a lot of small business owners, Brock finds the myriad of state, local and federal regulations daunting. He says, "It's unbelievable. You have to wade your way through reams of paperwork and it can be very difficult to understand all the little measures a business owner has to take into account."

Brock points out many of the regulations have very little, if anything, to do with the actual career or service he's



Scott Brock opens Custom Executive Security.

providing. "It's extremely overregulated," he says. Still, Brock is thrilled to be his own boss. "I'm excited. The beginning stages of a new business are chal-

lenging, but it'll be easier once it's up and running."

Custom Executive Security will handle everything from making sure the

people who walk into a dispensary are old enough to do so, to ensuring the customers and staff are safe. For obvious reasons, Brock doesn't want to get too specific about the types of security measures he provides. But he claims, "It's easier to rob a bank than to rob a dispensary."

Brock and his two yellow labs are Glendale residents. "I love this city and all it has to offer," he exclaims.

He recently joined the *Greater Glendale Chamber of Commerce* and calls it one of the smartest moves he's made as a new business owner. "The Chamber provides a great way to make connections with people and you get to meet them during fun events." Brock adds, "It's been amazing how helpful other Chamber members have been. They're willing to share their knowledge and experience and that has been incredibly helpful."

Stay tuned, Brock is still setting up his website but says you'll be able to get hold of him through Glendale's newest dispensary, *The Smoking Gun*.

**For more information on upcoming Greater Glendale Chamber of Commerce events visit [www.ggchamber.com](http://www.ggchamber.com).**

**BOURBON MONDAYS**

*\$5 Bulleit Special Every Monday*

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